



## BSFD Public Education Programs

*These programs have been designed by the Public Education Division of the Bonita Springs Fire Control and Rescue District to serve the needs and safety of our residents and guests:*

### **Heartsaver CPR/AED**

*For upcoming CPR schedule visit [www.bonitafire.org](http://www.bonitafire.org) under Public Education tab.*

The American Heart Association curriculum prepares the public to perform CPR on adults, children, and infants. The AHA course emphasizes the importance of effective compressions, airway management, and breaths. The course also covers treatment for choking victims, and instruction on the use of an automated external defibrillator (AED). Upon completion, an AHA card is issued and valid for 2 years.

*Cost: (3hr course, min. of 6 ppl)*

*Non Bonita Residents- \$40.00 per person*

*Businesses & Bonita Springs Residents (50% off)- \$20.00 per person*

### **Healthcare Provider CPR/AED**

*Upon request, this private course is scheduled with one of our several CPR instructors.*

The American Heart Association curriculum will prepare an audience of medical responders on a more advanced Cardiopulmonary Resuscitation instruction. Upon completion, an AHA card is issued and valid for 2 years.

*Cost: (3hr course, min. of 6 ppl)*

*Businesses & Non Bonita Residents- \$40.00 per person*

*Bonita Springs Residents (50% off)- \$20.00 per person*

### **Heartsaver CPR/AED PLUS First-Aid**

*For upcoming CPR schedule visit [www.bonitafire.org](http://www.bonitafire.org) under Public Education tab.*

The American Heart Association curriculum prepares the public to perform CPR on adults, children, and infants. The AHA course emphasizes the importance of effective compressions, airway management, and breaths. The course also covers treatment for choking victims, and instruction on the use of an automated external defibrillator (AED), and with this course, First-Aid is included for an additional 3 hours of instruction. Upon completion, an AHA card is issued and valid for 2 years.

*Cost: (3hr course, min. of 6 ppl)*

*Businesses & Non Bonita Residents- \$80.00 per person*

*Bonita Springs Residents (50% off)- \$40.00 per person*

### **Automated External Defibrillator (AED) and Hands-Only CPR**

Interactive information presented to an audience to provide familiarity and information on the effective operation and placement of an Automated External Defibrillators (AED) in their workplace, community, or home. Information on how to utilize with AEDs is also presented, and will prepare an audience to perform Hands-only CPR on a cardiac arrest patient. The curriculum focuses on calling 911, and pushing hard and fast on the center of the chest.

*Cost: Free*

### **Water/Pool Water Watcher Safety**

Information about the dangers that accompany water areas and how to use “layers of protection” to make your family safer around indoor and outdoor water areas. Free Watcher Packets are passed out at community events.

*Cost: Free*

### **Car Seat Installation/Assistance**

Certified Car Seat Technicians provide education to caregivers and assist in the installation of car seats for infants, toddlers and young children. We ask the public to make appointments for their car seat installation assistance on Wednesday mornings. The District does have a self-funded car seat donation account to purchase car seats for those that may not otherwise be able to afford one. *Donations are graciously accepted on car seat installations and are requested for those that need a free car seat from the District.*

*Cost: donations only*

### **Community Emergency Response Team (CERT)**

*This course is offered at least 2 times per year, based on availability of CERT instructors.*

To best utilize our trained volunteers, the CERT core curriculum is tailored to suit the emergencies in Bonita Springs. The two-day curriculum focused on mitigating everyday emergencies and dealing with disasters. Education on fire extinguishers, smoke detectors, hazardous materials awareness, common first-aid practices, certification in CPR, AED use, and assisting a choking victim, is offered. Precautionary measures like disaster preparation and CERT response in the community are presented during this two-day highly intensive educational course.

*Cost: (16hr course, min. of 10 ppl)*

*\$20.00 per person*

### **Fire Extinguisher Training**

Hands-on live fire extinguisher training is given to an audience to explain how to use a fire extinguisher, the different types of extinguishers available, which type is more suitable for home/work, and where to store an extinguisher. A DVD presentation or PowerPoint presentation can also be offered to groups prior to the hands-on training. Training is offered at Bonita Springs Fire Station Four.

*Cost: Free*

### **Smoke/CO Detector Program**

Smoke Alarms Save Lives! Proper smoke/CO alarm installation and maintenance is of the utmost importance. Through the Fire District's *Smoke Alarm For Every Home Program* (S.A.F.E. Program), smoke alarms are available to those that may not otherwise not be able to afford one, or to a pre-determined high-risk community within Bonita Springs.

*Cost: Free (limit of 2 free smoke alarms per household)*

### **Fire Prevention Month- Preschool Fire and Life Safety Curriculum**

Interactive safety information presented to a preschool audience. Curriculum consists of 911 education, matches and lighters education, exit drills in the home, and safe meeting place education. A firefighter in gear is presented to show children what a firefighter will look like during a structure fire. The objective is to allow children to encounter firefighters in a positive setting, with the hope that they'll not hide during a fire. The presentation wraps-up with a tour of the fire engine, always a crowd favorite.

### **Fire Prevention Month- Fourth & Fifth Grade Field Trip to the Fire Station:**

For the older grades, a fire station tour and scavenger hunt is offered. Students can participate in a lesson designed to test their prior fire safety knowledge and engage their curiosity while searching for over 24 items commonly found around the fire station.

*Cost: Free*

### **Fire Prevention Month- Second & Third Grade Curriculum**

Our power point presentation, "Don't Feed the Fire," precludes the activity portion of the curriculum to teach students how quickly fire spreads and how to be safe from fire at home by utilizing a fictional "Fire Monster" character. In our activity, students kinesthetically experience the rapid growth of fire by adding by doubles (a 2<sup>nd</sup> and 3<sup>rd</sup> grade math curriculum lesson). Students demonstrate together the rapid growth of a fire by doubling in size (adding twice as many students to the circle), every 30 seconds.

*Cost: Free*

## **Educational Puppet Show –Kindergarten & First Grade Curriculum**

General fire safety information is presented through a puppet show to an elementary school audience. Three safety related songs are "sung" by puppets and reiterated with verbal education; topics include dialing 911, safety around matches and lighters, and safe escape from burning buildings. The objective is to allow children to encounter firefighters and safety topics in a positive setting, with the hope that they'll not hide during a fire.

*Cost: Free*

## **Friendly Firefighters**

As part of the BSFD's perpetual outreach in the community, firefighters participate in a variety of events; the objective is to allow children and adults to encounter firefighters in a positive setting. Making firefighters more approachable ensures children will feel more comfortable relying on firefighters in any type of emergency.

*Cost: Free*

## **Firepup Safety Dog Costume**

"Firepup" is a fire safety mascot Dalmatian costume that can be scheduled in conjunction with other educational programs offered by the Bonita Springs Fire District.

*Cost: Free*

## **Smoke Tunnel**

Artificial smoke is used to demonstrate to children or adults how to crawl low to escape smoke. Children crawl low through the 15 foot smoke-filled PVC and tarp tunnel to understand what it would feel like to crawl low under smoke to escape a burning building. The tunnel is dark and usually warm from the sun which also simulates actual fire-like conditions. Participants with asthma should not crawl in the tunnel due to the use of artificial smoke.

*Cost: Free*

## **Display/Literature Booth/First Aid Tent at community event**

Information and education provided under our first-aid/literature tent with the objective of providing safety information to large amounts of residents and visitors at community events. The tent, tables, chairs, literature, and informational hand-outs are supplied by the Bonita Springs Fire District. For larger events, a first-aid tent, including Firefighter-Paramedics, is set up to ensure safety to all those that are in attendance.

*Cost: Free*

## **Juvenile Firesetter Intervention**

A court mandated program for children, ages 2 to 18 years-old, who are in need of fire safety education in order to understand the dangers and consequences of fire play.

*Cost: Free*

## **Severe Weather Education**

An educational presentation via PowerPoint about all types of severe weather native to Bonita Springs, such as hurricanes, tornados, lightning, flood, etc. Evacuation plans and kits are discussed and encouraged.

*Cost: Free*

## **Hurricane Preparedness**

A severe weather preparation presentation specific to hurricanes presented via PowerPoint. Information on how residents can prepare, and actions before, during, and after the storm are offered to the audience. Additional information on the South Lee EOC, FD Operations, evacuation plans, sheltering in place, and emergency kits is discussed and encouraged.

*Cost: Free*

## **Wildfire Preparedness**

Educational presentation via PowerPoint regarding wildfire awareness and prevention. Evacuation plans and kits are discussed and encouraged.

*Cost: Free*

### **Home Fire Safety**

Educational presentation via PowerPoint, offered to adults, regarding the importance of fire safety practices in the home including, dialing 911, exit drills, a safe meeting place, fire extinguishers, and smoke detectors.

*Cost: Free*

### **Falls Prevention**

Educational presentation via PowerPoint about the importance of falls prevention and to discuss statistics, managing health risk factors, lifestyle behaviors, and identifying fall hazards in and around the home to prevent falls.

*Cost: Free*

### **Firefighter for the Day/Career Presentation**

A multi-faceted educational presentation that discusses what firefighters do on a day-to-day basis and usually provides hands-on opportunities and demonstrations for the audience of middle school and/or high school students to allow participants to have a kinesthetic understanding of both the fire-side and medical-side of firefighting as a career.

*Cost: Free*

### **Sharps Program**

Collection of used needles at every Bonita Springs Fire Station in sealed “Sharps” containers. Replacement containers are provided to residents at no charge.

*Cost: Free*

### **Blood Pressure Checks**

Blood pressure screenings can be done free of charge by Bonita Springs Firefighters at large events or by walking-in to any fire station.

*Cost: Free*

### **File of Life/Medical ID Alert**

BSFD provides File of Life envelopes to residents upon request. The File of Life is a form stored in a magnetic envelope which is intended to be placed on the refrigerator. Once completed, the form provides medical information on allergies, medications, and more to emergency medical providers. The form can be completed for up to two people. Medical ID Alert is a built-in app on iPhone products that provides similar information in the event of an emergency. Envelopes are available at Bonita Springs Station Four.

*Cost: Free, subject to availability*

### **Pet Finder Alert**

BSFD provides pet finder stickers to residents upon request. Stickers should be placed on windows near pet’s typical sleeping/living area. The sticker indicates the animal’s normal location to firefighters in the event of a fire or emergency at the residence. Stickers are available at Bonita Springs Station Four.

*Cost: Free, subject to availability*

### **Safe Haven and Safe Place**

All fire stations are a designated Safe Havens and Safe Places. Safe Haven is designed to temporarily assist infants who are in need of assistance with medical, housing, or family issues. Safe Place is designed to temporarily assist youth who are in need of assistance with medical, housing, or family issues.

*Cost: Free*

### **Equipment and Apparatus Tour**

As part of our friendly firefighter’s curriculum, equipment and apparatus tours are presented to an audience at events, schools, or fire stations throughout the District. Children have a chance to become acquainted with the apparatus, fire hose, medicine, and tools through kinesthetic learning. Becoming familiar with these fascinating objects, allows children to recall a positive experience with firefighters, creating a sense of calmness if ever involved in an emergency of their own.

*Cost: Free*

### **Fire Station Tours/Open House**

Fire Station tours are offered at Bonita Springs Fire Station Four (27701 Bonita Grande Drive-239-949-6200). Appointments are requested. Participants are led through the Station's various divisions including BSFD's administration, fire prevention, fire suppression, public education, and training division. Guests are also shown the bay, training facilities, and firefighters living quarters, and offered fire safety education. The tour typically lasts an hour.

*Cost: Free*

### **Santa and Easter Bunny Delivery**

As part of our Friendly Firefighter's curriculum, a Santa or Easter Bunny, provided by the requesting agency or by the BSFD, can be delivered to any holiday event via fire engine. To preschools, fire safety and water safety information can also be provided by the seasonal character.

*Cost: Free*

### **Parade Participation**

Fire apparatus are able to participate at parade events throughout the community.

*Cost: Free*

### **Overall Fire Department Information/FIRE EXPO**

Presentation on important safety and operational topics relating to the Bonita Springs Fire District. Participants are able to tour and climb our 75 foot ladder truck, and wear 65 pounds of real firefighter turnout gear for the interactive demonstrations. Demonstration topics included CPR & AED, vehicle accidents, and special operations. The presentation wraps-up with Q&A with Fire Chief Gregory L. DeWitt.

*Cost: Free*

### **Be Safe – Be Seen – This Halloween**

"BE SAFE - BE SEEN - THIS HALLOWEEN," is an initiative which allows the Bonita Springs Fire District to speak to parents and children about the importance of pedestrian safety while trick-or-treating. Glow-in-the-dark wristbands are provided to children to wear with their Halloween costume in attempt that they will be more visible in the dark.

*Cost: Free*

### **Community Support**

To show support and engagement within our community, the BSFD participates in numerous events. Supporting local businesses, non-profit causes, and collaborating agencies shows yet another type of commitment to our community and is another way the BSFD can serve our residents while bolstering the hometown feeling we all enjoy in Bonita Springs.

### **City Annual Ceremonies**

BSFD is honored to participate alongside the City of Bonita Springs, and other collaborating agencies, at their annual citywide events. Events to commemorate Memorial Day, Veterans Day, and Patriots provide the BSFD with a unique opportunity to show our patriotism.